1.Read the text and fill in the gaps with the correct form of verbs as per subject and context.

A proverb goes that time and tide wait for none. Since the dawn of civilization, time (a) has been moving (move). It (b) does not take (take) any rest. It is never constant. Time once gone is (c) **gone** (go) forever. Lost health may be regained by medicine and proper caring and nursing. Lost time cannot be (d) recovered (recover) by any means because nobody can stop the ceaseless onward march of time. Life (e) is (be) nothing but the sum total of some moments. So, everybody should (f) utilize (utilize) every moment of his life. But everyone (g) doesn't do (do) so. Only a few people (h) make (make) proper use of time and they can (i) rise (rise) to the pinnacles of glory by (j) overcoming (overcome) the problems of life in this world. We should follow them.

** Present Perfect Continuous tense:

I have been reading since 6.00 am.

** It takes rest.

It does not take rest.

Modal auxiliary: can, could, shall, should, will, would, need, dare, may, might....+ V1

**can be, could be, will be, would be,.....+ V3

Be verb: am, is, are, was, were, being been, be Of, for, after, by.....+ V+ing